

# TIMETABLE GALEB BJJ HELENSVALE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## MORNING

PRIVATE  
LESSON

PRIVATE  
LESSON

PRIVATE  
LESSON

PRIVATE  
LESSON

PRIVATE  
LESSON

Kids & Juniors No Gi  
8:00-8:40 AM

PRIVATE  
LESSON

All Levels Gi  
9:00-10:00 AM

PRIVATE  
LESSON

All Levels Gi  
9:00-10:00 AM

All Levels Gi  
9:00-10:00 AM

No Gi Open Mats  
9:00-10:00 AM

## EVENING

Kids 1  
4:00-4:40pm

Juniors 1  
4:00-4:40pm

Kids 1  
4:00-4:40pm

Juniors 1 **No Gi**  
4:00-4:40pm

Kids 1  
4:00-4:30pm

Kids 2  
4:40-5:20 PM

Juniors 2  
4:40-5:20 PM

Kids 2  
4:40-5:20 PM

Juniors 2 **No Gi**  
4:40-5:20 PM

Kids 2, Juniors 1  
4:40-5:20 PM

Womens Gi  
5:20-6:00 PM

Juniors 3  
5:20-6:00 PM

Womens No Gi  
5:20-6:00 PM

Juniors 3 **No Gi**  
5:20-6:00 PM

Juniors 2 & 3  
5:20-6:00 PM

Fundamentals  
6:00-7:00 PM

All Levels Gi  
6:00-7:00 PM

Fundamentals  
6:00-7:00 PM

All Levels **No Gi**  
6:00-7:00 PM

Womens Gi  
5:20-6:00 PM

Advanced  
7:00-8:00 PM

All Levels No Gi  
7:00-8:00 PM

Advanced  
7:00-8:00 PM

Opens Mats Gi  
6:00-7:00 PM